

# 2018 USMS 5K ePostal National Championship

## WOMEN

Age group	Place	First Name	Last Name	Age	Club Abbr	USMS #	Time	New National Record	Quality Points
<b>18-24</b>									
	1	Madeline	Bruce	24	IM	218U-09DA1	1:08:31.99		936
	2	Julia	Green	20	IM	218G-JCG98	1:10:59.53		904
<b>25-29</b>									
	1	Kate	Stephensen	29	VMST	128G-06ZS2	1:15:56.71		864
	2	Katherine	Kaiser	27	MINN	3080-0AU4K	1:16:53.99		854
	3	Ash	Kulak	26	DOC	168P-0AGNN	1:18:15.00		839
	4	Fnu	Bhakti	29	GSC	148G-NYFA4	1:26:51.33		756
	5	Laura	Richards	29	PBM	5089-0AK3M	1:28:01.99		746
	6	Victoria	Kirkman	26	SPM	1486-09CC9	1:34:45.99		693
	7	Tricia	Baldwin	28	SKY	418G-06XAE	1:35:14.22		689
<b>30-34</b>									
	1	CJ	Pisano	31	PBM	508F-09MTX	1:13:45.99		873
	2	Kendra	Hogg	31	VMST	128B-09RSH	1:15:58.06		848
	3	Megan	Tosh	33	OREG	3789-09JSX	1:16:51.99		838
	4	Alexandra	Thomas	31	PBM	5085-02U3G	1:22:03.99		785
	5	Kathleen	Pelczynski	33	NCMS	138M-06W4X	1:23:09.37		775
	6	Anita	Troyer	32	PMST	548B-0696S	1:25:14.59		756
<b>35-39</b>									
	1	Ashley	Whitney	39	NASH	158B-021RZ	1:06:39.35		952
	2	Heather	Frees	35	NCMS	138A-05P9Y	1:11:15.47		891
	3	Megan	Peterson	35	PMST	548R-046CK	1:15:26.22		841
	4	Sarah	Harriman	35	PALM	558Z-0A663	1:18:28.88		809
	5	Melanie	Andara	36	PBM	5081-0B9VC	1:26:26.96		734
	6	Genny	White	35	GSC	1489-0726B	1:40:58.91		629
	7	Angelikie	Zafiris	37	PBM	508A-0A3HG	1:55:48.99		548
<b>40-44</b>									
	1	Michelle	McRae	43	PSM	3685-04FBZ	1:23:38.80		752
	2	Alicia	Easterling-Sorrentino	42	PBM	508P-0B1E7	1:32:52.99		677
	3	Marlis	Sidletsky	43	PALM	558S-05P2K	1:35:43.56		657
	4	Hillary	Morris	43	PBM	5085-095WK	1:38:22.72		639

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<b>45-49</b>									
	1	Julie	Dussliere	46	JDAM	3287-01X4N	1:19:10.36		814
	2	Suzanne	Dearworth	46	PBM	508V-027H7	1:22:16.99		783
	3	Tanya	Hartney	46	CMS	3287-0ATJH	1:28:46.27		726
	4	Carmen	Coots	46	PMST	548Y-0AVVX	1:31:48.99		702
	5	Tracy	Williams	46	PBM	508Y-09DRD	1:36:53.99		665
	6	Ingrid	Bon	48	PBM	5086-07ZM1	1:41:25.99		635
<b>50-54</b>									
	1	Jutta	Schickore	54	DOC	168Y-02B6V	1:13:54.86		886
	2	Charlotte	Petersen	54	SPM	148K-02RF8	1:14:47.00		876
	3	Karen	Zemlin	51	HOPK	3088-KAREN	1:16:30.05		856
	4	Dawn	Clark	54	SPM	148M-05VRX	1:18:41.00		833
	5	Marcia	Cleveland	54	IM	218N-MC944	1:19:55.36		820
	6	Gillian	Salton	50	OREG	378J-05G96	1:20:04.99		818
	7	Livia	Zien	52	SPM	148C-02RN5	1:20:44.99		811
	8	Paula	Pardy	50	PMST	5483-PKP27	1:21:42.12		802
	9	Brenda	McLuskie	52	NCMS	138W-00600	1:31:31.54		716
	10	Kirsten	Derr	54	CMS	3280-03316	1:32:17.19		710
	11	Jennifer	Phalen	54	DAM	388A-JENNY	1:34:43.22		692
	12	Karen	Ryan	54	O*H*	1886-01PVY	1:35:00.06		690
	13	Jennifer	Ackerman	51	SKY	418Z-2MS6S	1:35:14.99		688
	14	Denise	Lavin	51	O*H*	188T-07720	1:44:24.00		628
	15	Christele	Schwerer	53	UC20	208M-W36Z3	1:47:05.21		612
	16	Cathy	Goodwin	53	PBM	508M-08CWV	1:47:34.99		609
	17	Karen	Dietrick	53	PBM	5089-0ATS1	1:48:04.99		606
	18	Alicia	Geth	51	PBM	508J-089UX	1:53:13.99		579
	19	Flavia	Medlin	51	O*H*	188J-02RHK	1:56:01.89		565
	20	Tina	Nuckles	53	ARKM	2387-06JEP	1:58:15.19		554
	21	Junko	Altman	54	PBM	508A-09XJ9	2:03:49.99		529
	22	Heidi	Bettendorf	54	PBM	508V-0B0PC	2:07:27.99		514

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<b>55-59</b>									
	1	Susan	Preston	56	STAN	388H-03JTT	1:04:38.22	Y	1066
	2	Kimberly	Elsbach	55	DAM	388Z-DONUT	1:10:15.00		980
	3	Ellie	Najjar	57	COLO	3281-045G5	1:12:20.66		952
	4	Linda	Irish Bostic	55	PBM	508Y-06BTX	1:14:49.83		920
	5	Arlene	Delmage	56	OREG	3784-01Z4F	1:17:27.01		889
	6	Jo-Ann	Elo	57	SYSM	148N-0B67R	1:18:07.76		881
	7	Stephanie	Martin	59	OREG	378Z-01P7F	1:19:05.22		871
	8	Heidi	Kafka	56	IM	218N-02X7X	1:19:08.12		870
	9	Peggy	Kratz	58	MINN	3084-024HZ	1:20:33.32		855
	10	Jeanne	Danford	55	PBM	508G-028BV	1:25:49.00		803
	11	Krissy	Ferry Phillips	56	PBM	5085-003S8	1:27:50.99		784
	12	Pamela	Luebbe	55	SKY	4188-01WAA	1:34:36.27		728
	13	Sharon	Friedman	59	PBM	508A-06BNV	1:58:18.99		582
	14	Robbe	McAlexander	59	SRM	388S-22MAC	1:59:44.30		575
<b>60-64</b>									
	1	Karen	Einsidler	62	AGUA	068B-01S73	1:13:56.21		975
	2	Tamara	Burton	60	PBM	5085-099CG	1:20:40.99		893
	3	Sharon	Steinmann	60	SPM	1480-02RG3	1:22:13.16		877
	4	Darcy	LaFountain	63	PBM	508C-0212Z	1:22:44.99		871
	5	Judith	Norton	61	O*H*	1881-01PJY	1:24:01.31		858
	6	Debbie	Wilson	64	NCMS	138U-02318	1:25:12.28		846
	7	Jo Ann	Harrelson	62	SPM	148X-02RWB	1:29:04.99		809
	8	Jeanna	Summers	64	OREG	378R-000PT	1:29:35.99		805
	9	Paula	Moores	61	SAWS	5987-01J0E	1:32:43.48		777
	10	Maddie	Diedo	60	MICH	198G-028U9	1:37:33.40		739
	11	Joan	Gamso	61	T2NM	148X-02TBP	1:38:45.00		730
	12	Janet	Siniscalchi	62	PBM	5085-079VZ	1:38:50.99		729
	13	Jo-Ann	Berry	62	PBM	508N-027YV	1:40:45.99		715
	14	Blair	Brockman	63	SFTL	508Z-080YC	1:48:21.10		665
	15	Karen	Lewin	62	PBM	508T-06124	1:51:40.99		645
	16	Kathryn	Cronin	60	PBM	508A-033U1	2:01:44.33		592
	17	Nancy	Munro	60	PBM	508Z-06D1M	2:35:51.99		462

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<b>65-69</b>									
	1	Shirley	Loftus-Charley	67	VMST	128H-WATER	1:16:02.44	Y	1004
	2	Catherine	Rust	65	PBM	5082-06WNH	1:20:06.99		953
	3	Joan	Craffey	65	PBM	5089-06MBR	1:21:51.99		932
	4	Fran	Hare	68	PBM	508Y-02XHG	1:27:38.99		871
	5	Meredith	Moore	69	SYSM	1487-01S4X	1:30:42.39		841
	6	Elizabeth	Kassen	66	PSM	368R-04F98	1:32:54.16		822
	7	Jill	Wright	67	SAWS	598W-01J02	1:41:49.18		750
	8	Linda	Callaway	65	MOST	438N-02NEV	1:47:47.41		708
<b>70-74</b>									
	1	Suzanne	Mitchell	70	PBM	508K-08CXY	1:45:59.28		895
	2	Babs	Larsen	71	MINN	3084-02A9M	1:46:40.13		890
	3	Susan	Paris	72	O*H*	188G-01WC8	2:03:02.77		771
<b>80-84</b>									
	1	Patricia	Bond	80	SYSM	1483-02RDM	1:52:59.49	Y	1158